

# EMHA White Paper: *Strategic Advocacy Framework to Improve Migraine Care*

Advocating On 3 Priorities To Enhance Migraine Care Pathway  
(Available Mid Of May)

1

Improving Timely Screening  
and Diagnosis

## CHALLENGES

- Delayed diagnosis
- Limited education on migraines in medical training programs
- Lack of screening tools in primary care settings

## POLICY RECOMMENDATIONS

Enhancing Education during  
medical training

Strengthening the role  
of General Practitioners

Implement community-based  
screening programs:

Increase Public  
Health Programs  
to train Nurses

Promote  
Corporate  
Workplace  
interventions

Leveraging  
Pharmacists to  
use validated  
screening tools

Introduce early  
interventions  
in Schools

2

Expanding Coverage and Early Access  
to Therapeutic Innovation

## CHALLENGES

- Restrictive policies on migraine treatments
- Reliance on OTC\* painkillers leading to medication-overuse headaches
- Inadequate data collection

## POLICY RECOMMENDATIONS

Leverage RWE\* to demonstrate the  
cost-effectiveness of early intervention

Pressing needs to establish  
a streamlined healthcare pathway

Accelerating access  
to innovative migraine care

3

Political Commitment & Recognition of  
Migraine as a Bio-Neurological Disease

## CHALLENGES

- Migraine is perceived as a less health priority
- Limited funding
- Lack of structured policies
- Economic burdens remain largely unaddressed

## POLICY RECOMMENDATIONS

Push for formal recognition  
of migraine as a  
bio-neurological disorder

Raise awareness  
among policymakers

Advocate for dedicated funding

## This document has been endorsed by the following associations:



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