

# EMHA Whitepaper

## Strategic Advocacy Framework to Improve Migraine Care

Advocating On 3 Priorities To Enhance Migraine Care Pathway



1

### Improving Timely Screening and Diagnosis

#### CHALLENGES

- Delayed diagnosis
- Limited education on migraines in medical training programs
- Lack of screening tools in primary care settings

#### POLICY RECOMMENDATIONS

Enhancing Education during medical training

Strengthening the role of General Practitioners

Implement community-based screening programs:

Increase Public Health Programs to train Nurses

Promote Corporate Workplace interventions

Leveraging Pharmacists to use validated screening tools

Introduce early interventions in Schools

2

### Expanding Coverage and Early Access to Therapeutic Innovation

#### CHALLENGES

- Restrictive policies on migraine treatments
- Reliance on OTC\* painkillers leading to medication-overuse headaches
- Inadequate data collection

#### POLICY RECOMMENDATIONS

Leverage RWE\* to demonstrate the cost-effectiveness of early intervention

Pressing needs to establish a streamlined healthcare pathway

Accelerating access to innovative migraine care

3

### Political Commitment & Recognition of Migraine as a Bio-Neurological Disease

#### CHALLENGES

- Migraine is perceived as a less health priority
- Limited funding
- Lack of structured policies
- Economic burdens remain largely unaddressed

#### POLICY RECOMMENDATIONS

Push for formal recognition of migraine as a bio-neurological disorder

Raise awareness among policymakers

Advocate for dedicated funding

## This document has been endorsed by the following associations:



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