

# Women at Work results from Migraine at Work survey

# The voice of Patients



Elena Ruiz de la Torre Executive Director executivedirector@emhalliance.org





#### SURVEY CHARACTERISTICS





7 Countries 7 Languages : France, Spain, Germany, Italy, Portugal, UK and Denmark

3.350 responders > 3.008 women

30 question in three blocks:

- a.- socio-demographic questions
- b.- disease questions
- c.- questions related to their post and real burden



## HOW DO YOU FEEL WHEN YOU HAVE A MIGRAINE ATTACK?

When you have a migraine attack, do you feel unable to perform your job?





PERSONAL PERCEPTION OF YOUR CAPACITY WHEN NOT HAVING A MIGRAINE ATTACK. Do you feel unable to properly perform your job??

> When to do not suffer from migraine, do you have limitations when performine your job?

Yes, daily10,90%Yes, weekly6,40%Yes, sometimes during the month6,90%Yes, but very sporadically16,70%It does not affect my work59,20%

40,80 % say yes







DO YOU THINK HAVING MIGRAINE CLASSIFIES YOU AS A DISABLING PERSON?

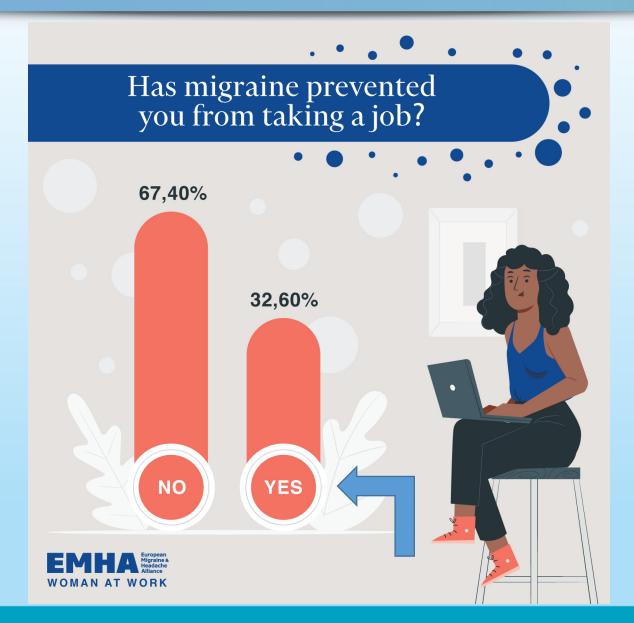


# Having migraine classifies you as a disable person?











#### HAVE YOU BEEN FIRED BECAUSE OF YOUR MIGRAINE?





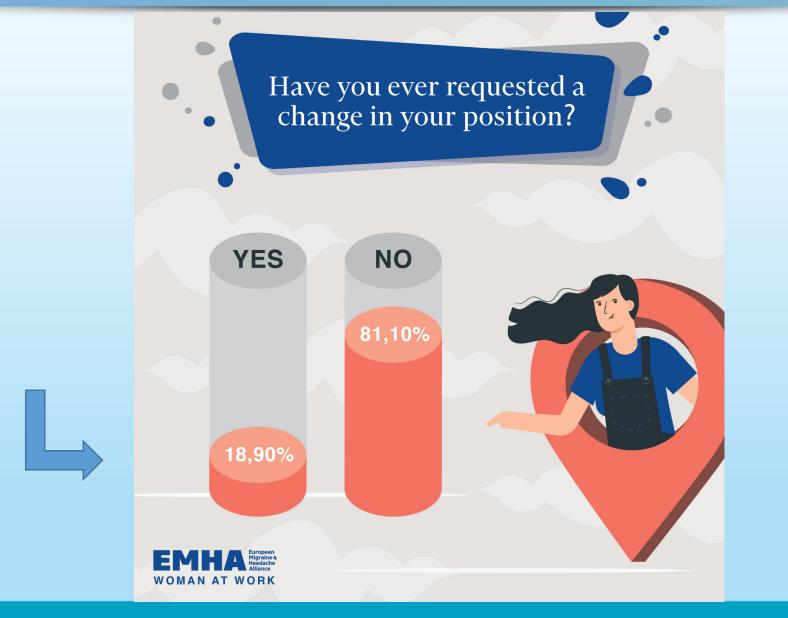
HAVE YOU EVER HAD DIFFICULTIES IN YOUR COMPANY DUE TO MIGRAINE?. Reprimands, penalties work absences due to the attacks.





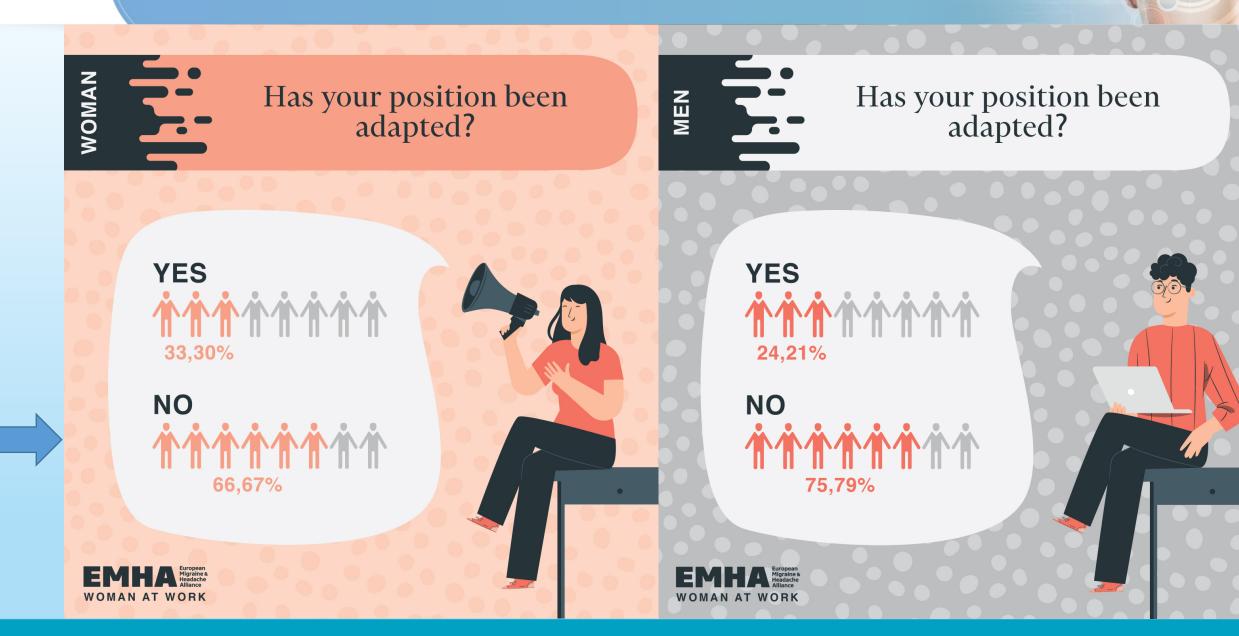


### HAVE YOU EVER REQUESTED A JOB CHANGE DUE TO MIGRAINE?





#### HAS YOUR POSSITION BEEN ADAPTED?





### HAVE YOU EVER REQUESTED MODIFICATIONS OF YOUR WORKING CONDITIONS? Place, time, assigned function...

MEN

NO

WOMAN AT WORK

Have you ever requested a modification in your work conditions?

WOMAN YES 43,90% NO 56,10%



Have you ever requested a modification in your work conditions?

34,84%

65,16%



## DO YOU RECEIVE SUPPORT FROM YOUR COMPANY?

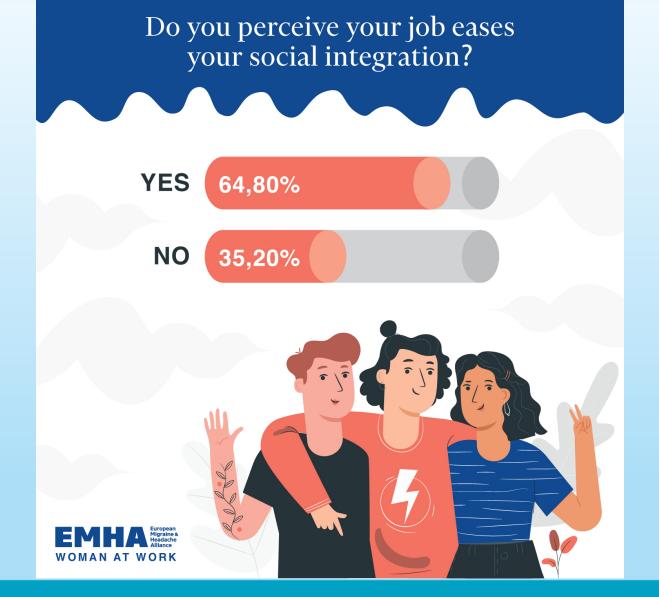
Do you receive support from the company?







#### SOCIAL INTEGRATION







- Migraine negatively affects patient's work-life mostly during attacks.
  Disability is not perceived as a permanent condition
- Most Migraine patients need to adapt their work condition in order to function at their best and only sometimes they received support from their employer
- Migraine may be a driver of career choices. Are employers missing important opportunities?
- People with Migraine, are totally capable to develop any job but very often obliged to avoid many of them because of the condition.
- Nor employers or policymakers support affected people with migraine.
  Employers do not receive any advantage either when engaging a worker





Migraine robs people of their right to work, right to participate and right to live fully. Important steps are needed to help ease the burden of migraine on individuals, families and society.

We need to **take action** raising public awareness and improving work-related outcomes for people with migraine





# THANK YOU